

Howard County Emergency Food Assistance & Upcoming Food Distributions
Upcoming Food Distributions

1. Monday, November 3, 2025

Columbia Baptist Fellowship

12:00 PM Pick-up.

5885 Robert Oliver Place, Columbia, MD 21045

Sponsor: Columbia Baptist Fellowship

2. Saturday, November 15, 2025

St. John Baptist Church

10:00 AM Pick-up

9055 Tamar Drive, Columbia, MD 21045

Sponsor: St. John Baptist Church

3. Monday, November 17, 2025

St. John Baptist Church

10:00 AM Pick-up

9055 Tamar Drive, Columbia, MD 21045

Sponsor: St. John Baptist Church

4. Saturday, November 22, 2025

Power52 Annual Food Giveaway

10:00 AM Pick-up

St. John Baptist Church, 9055 Tamar Drive, Columbia, MD 21045

Sponsors: Power52 Foundation & St. John Baptist Church

5. Monday, November 24, 2025

Columbia Baptist Fellowship

12:30 PM Pick-up

5885 Robert Oliver Place, Columbia, MD 21045

Sponsor: Columbia Baptist Fellowship

Emergency Food Assistance - Guaranteed Food Help

If you or someone you know is in urgent need of groceries or emergency food support, these trusted resources can help immediately:

1. **Findhelp.org** :- Search by zip code for local food pantries. and emergency support.
www.findhelp.org
2. **WhyHunger.org** - Connects individuals to emergency food and hunger relief programs.
www.whyhunger.org
3. **USDA – Emergency Food Services** – The USDA can mail one month’s worth of free groceries to qualifying households.
www.usda.gov ----Search “Emergency Food services”
4. **Text Your Zip Code to 800-548-6479**

Receive a list of the nearest free food programs and pantries in your area.
5. **Howard County Food Bank (Main Location)**
Community Action Council of Howard. County
9385 Gerwig Lane, Suite J, Columbia, MD 21046
410-313-6185
www.cac-hc.org/food-assistance

Furloughed Federal Employee Family Resource Sheet

If you are a federal employee affected by the government shutdown, the following organizations and institutions are offering relief and financial support:

Financial Institutions & Credit Unions

- Bank of America: 844-219-0690
- Chase Bank: 1-888-356-0023
- Congressional Federal Credit Union: 800-491-2328

- FedChoice Federal Credit Union: www.fedchoice.org
- Interior Federal Credit Union: 800-914-8619
- Navy Federal Credit Union: 1-888-842-6328
- PayPal Credit: 1-877-689-1975 www.paypalcredit.com
- U.S. Bank: 800-USBANKS
- U.S. Employees Credit Union: 312-922-5310
- SunTrust (Truist): 800-SUNTRUST
- Synchrony Bank: www.synchronybank.com
- Union Plus: 800-472-2005 www.unionplus.org
- Wells Fargo: 1-800-869-3557

Furlough Grants

- FEEA-NARFE Fund - \$100 grants for active federal employees.
www.feea.org

Retirement & Savings

- Thrift Savings Plan (TSP): 1-877-968-3778 www.tsp.gov

Auto Finance Assistance

- Toyota Financial: 800-874-8822
- Lexus Financial: 800-874-7050
- Hyundai Motor Finance: 800-523-4030
- Kia Motors Finance: 866-331-5632
- Ford Credit/ GM Financial/ Mercedes-Benz Financial: Contact directly

Mobile Service Providers

- AT&T: 1-800-331-0500
- Sprint: 1-888-211-4747
- T-Mobile: 1-877-746-0909
- Verizon: 1-866-266-1445

Rental & Housing Assistance

- National Rental Home Council: www.rentalhomecouncil.org
- OPM Sample Letters for Rent/Mortgage Relief: www.opm.gov

Food Resources

- Feeding America: www.feedingamerica.org/find-your-local-foodbank
- Local School Districts: Apply for free/reduced meals for children.

Insurance Assistance

- MetLife Auto & Home: 1-800-GET-MET8
- Fidelity & Guaranty Life: 844-800-9146 (Y policies) | 888-513-8797 (others)

Additional Relief

- Rent-A-Center (Benefits Plus): www.rentacenter.com
- USAA: 1-800-531-8722
- Unemployment Compensation: Apply via your state office at www.careeronestop.org